

jason kotecki, csp, is a professional reminder-er and permission granter who moonlights as an artist, author and speaker. Jason and his wife Kim founded the Cure Adultitis Institute and created Escape Adulthood, a company and lifestyle brand that helps people and organizations break free from the vile clutches of Adultitis in order to build better lives, businesses, and teams. Through their uplifting website, artwork, books, speaking programs, events and other tools, they empower their tribe of Adultitis Fighters to live fuller, richer lives with less stress and more fun.

For over 15 years and with over 750 organizations, Jason has offered real-world strategies and practical ideas to help individuals realize Adultitis-free lives, helping them beat burnout and become more innovative by breaking rules that don't exist. His refreshing and relevant insights leave attendees encouraged, entertained, and motivated to explore new opportunities and strengthen the team dynamic to achieve success and accomplish what was once thought impossible. His content-rich programs are balanced with a refreshing mix of humor and emotion, serving as the perfect antidote for people who find themselves in a personal or professional rut.

Jason anchors his powerful message with his distinctive artwork in order to deliver results that are memorable and meaningful. As a visual artist, he uses the metaphor of being an artist throughout his presentations to share his stories and inspiring message, helping audiences to see their lives and work with new eyes. Attendees soon learn that there is a story behind every piece of art Jason creates. Jason's colorful artwork serves as the starting point for many of the experiences, observations, and connections Jason will share with the audience. His artwork contains messages that move people and stir their souls.

Jason's artwork has been collected and licensed all over the world, and his insights have been featured in publications like Inc. and Woman's Day. He is the author of seven books, including Penguins Can't Fly + 39 Other Rules That Don't Exist, which has been translated into languages he can't even read. His newest book, A Chance of Awesome: How Changing the Way You See Changes Everything is releasing in July 2019.

He is recognized by the National Speakers Association as a Certified Speaking Professional® (CSP). Only the top 12% of speakers in the world have this designation, which is the profession's highest earned international measure of platform competence, ethical standards, and proven track record of expertise and excellence.

Jason teaches that while it's important to take our work seriously, we shouldn't take ourselves too seriously, noting that people do their best work when they are having fun and are fully engaged. An avid eater of sugarladen cereal, Jason enjoys Star Wars, soft t-shirts, and brand new tubes of paint. He and Kim homeschool their three weird kids and live in Madison, Wisconsin where they eat way too many cheese curds.

EscapeAdulthood.com